Welcome, Jags!

Welcome to IUPUI! This is an exciting (and scary) time in your life. Your coaches and the IUPUI Athletics Administration are here to help you. We want you to become a champion academically and athletically. First and foremost, your job is to GRADUATE. Take ownership of your academic success and your athletic eligibility. You’re an adult, capable of making your own decisions about your future. Compete in the classroom like you do on the court, in the pool, on the track, or on the field. Make good decisions.

If a member of the Athletics Administration can help you along your road at IUPUI, our doors are always open. Until then, take some time to review the important dates and top tips in this newsletter. Congratulations on becoming a Jaguar! We can’t wait to see the great things you’ll do here at IUPUI!

IMPORTANT DATES

April 1: First day to request Final Amateurism Review through your Eligibility Center account.
Mid-April: Athletic Advising will begin contacting you about course registration.
Early June: Send final high school transcripts directly to the NCAA Eligibility Center & Admissions.
June 26-27: Student-Athlete Orientation. Details will be sent by Athletic Advising in May.
Mid-July: Complete and return the mandatory compliance paperwork emailed to you.
Top Tips: IUPUI, the NCAA, and You

Academic Eligibility
- Send a final high school transcript directly to the NCAA Eligibility Center (EC) immediately after graduation. Failure to do so will delay your academic review.
  - If you attended multiple high schools, send the EC a transcript from every high school you attended.
  - If you enrolled in a dual enrollment program, ensure that the classes are reflected on your high school transcript.
  - If you took online or nontraditional courses, keep as much documentation from these courses as possible. The NCAA Eligibility Center may request this documentation from you.
- Ask your high school guidance counselor if the academic classes you took are listed on the NCAA approved core class listing. This is not the same as the Indiana Core 40.
- You must pass 24 credit hours prior to your sophomore year of college, including summer courses. This can include AP/IB credit, summer courses, and up to 6 hours of remedial credit.
- You must also pass 18 credit hours during the fall and spring semester.

Student Athlete Welfare Issues
- NCAA student-athletes are subject to year-round drug testing by the NCAA. IUPUI, like all other Division I institutions, also has a student-athlete drug testing program.
  - If you take prescription medicine bring a copy of your prescription to the Athletic Training Room. If your prescription contains an NCAA Banned Substance, you may also need to submit a recent letter from your doctor explaining how your diagnosis was made and why the medication is medically necessary. Keep taking your medicine as prescribed.
  - Be prepared to provide Athletic Training with a list of all dietary supplements you consume, including all listed ingredients.
  - Refrain from all street drug and tobacco use. The ban includes marijuana, regardless of its legal status in your state.
  - IUPUI Athletics has an alcohol policy. Many teams have stricter team rules.
- Don’t bet on sports. The NCAA bans betting on any sport the NCAA sponsors, professional or amateur. This restriction includes internet sports gambling, bets on the golf course, March Madness pools, and playing fantasy football.
- Coaches may permissibly send you recommended workouts. You may also ask your coach for advice on what you should work on before reporting to IUPUI. Coaches cannot require you to complete workouts, ask you to report your physical progress to them, punish, or reward you based on summer workouts. This restriction includes workouts required by team captains and/or seniors.

Benefits of Being a Student-Athlete
- The NCAA membership promises to provide its student-athletes with permissible benefits. These benefits begin when you enroll and attend classes (summer or fall) or begin official preseason workouts (soccer, cross country, and volleyball).
- You (or your friends/family) may not accept anything of value, including services, at a free or reduced rate because of your athletic status. Report such offers to IUPUI Athletic Compliance.
Top Tips: IUPUI, the NCAA, and You

Recruiting

- You will be considered a prospect until one of the following happens:
  - You enroll full-time and attend class at a 4 year college during a fall or spring semester OR attend the summer II term before your regular fall enrollment.
  - You participate in a regular practice or competition representing a 4 year college.
- Until you are a current student-athlete, not a prospective student-athlete, IUPUI cannot...
  - Provide you with housing, even with a current student-athlete
  - Pay for any educational expenses
  - Provide you with athletic training, academic tutoring, and other benefits
  - Provide you with medical care
- If you signed a National Letter of Intent, coaches from other institutions may not contact you for recruiting purposes.
- If you took more than five official visits to any school (visits where the school paid some or all of your expenses), notify IUPUI Athletic Compliance.

Financial Aid

- IUPUI Athletics and the Office of Scholarships work together to ensure that your total scholarship package is maximized within NCAA rules.
- You may accept financial aid from individuals upon whom you are naturally or legally dependent (i.e. your parents), IUPUI, government entitlement programs, and many legitimate scholarship programs.
  - If you receive scholarships from sources other than IUPUI Athletics, you must fill out the Outside Scholarship Form. This includes scholarship offers from your department of study and other departments on campus.
  - Do not accept scholarship checks or cash directly. Have all checks sent directly to the IUPUI Office of Scholarships.

Amateurism

- Request final amateurism certification. This is required before reporting to IUPUI.
- If any of the answers provided on your Eligibility Center Amateurism Questionnaire change after you request final amateurism certification, notify IUPUI Athletic Compliance.
- Do not allow your name, picture, or likeness to be used to promote a business.
- Under NCAA rules, you can accept prizes in your sport if the event is open to anyone who wants to participate, the prize is paid by the event sponsor or your team, and the prize money is less than your actual and necessary expenses to participate. Your parents’ and/or coaches’ expenses cannot count in this total.
  - In tennis only, you may accept up to $10,000 in prize money from event sponsors per calendar year. Once you’ve reached the $10,000 limit, you may accept additional prize money on a per-event basis, provided the prize money does not exceed your actual and necessary expenses for participation in that event.
- NCAA amateurism rules do not supersede the amateurism rules of your particular sport. Golfers, in particular, must be careful to abide by their sport amateurism rules.