WHAT IS COMPLIANCE?
... AND WHY DOES IT MATTER?

- IUPUI is a proud member of both NCAA Division I and The Summit League.
  - We have an obligation to our peers to follow the rules we set for ourselves.
  - Schools work together to write the rules- NOT people at the NCAA.

- The Chancellor is ultimately responsible for IUPUI’s compliance with NCAA and Summit League legislation.

- YOU, as a student-athlete, are ultimately responsible for your eligibility. Participation in intercollegiate athletics is a privilege, not a right.
ATHLETICS COMPLIANCE

... so what’s my job?

- The compliance office exists to protect the institution.
  - We ensure that NCAA legislation is followed, in letter and spirit.
  - We educate others on NCAA and Summit League legislation.
  - We execute a compliance monitoring program.
  - We promote and advocate for student-athlete welfare.
  - We represent IUPUI within the League and intercollegiate athletics.
Who Can Help Me Protect My Eligibility?

- IUPUI Athletics Staff
  - Coaching Staff
  - Sport Administrator
  - Alfreeda Goff, Interim Director of Athletics

- IUPUI Compliance Staff
  - Karen Metzger, Associate Athletic Director for Compliance
  - TBA, Assistant Director of Compliance

- IUPUI Athletics Advising
  - Denise O’Grady, Associate Athletic Director for Academics
  - Your Athletics Advisor (Denise, Max, George, or Jazmine)
  - Your major’s “A-Team” advisor

- Key IUPUI Administrators
  - Dr. Robin Hughes, Faculty Athletics Representative
  - Jeff Dean, Chief of Staff to the Chancellor
What to Expect

- Our doors are open to students.
- Every question is a good question.
- What happens in the compliance office stays in the compliance office… Usually.
  - If we can’t keep the conversation confidential, we will let you know who we need to tell, and why.
- Examples:
  - Criminal activity
  - Suspected violations
  - Serious welfare concerns
What to Expect

The compliance office will communicate with you as an adult. Because you are one.
What We’ll Cover Today...

- Bylaw 10
  - Ethical Conduct and Sports Wagering
- Bylaw 11
  - The Roles of Athletics Staff Members
- Bylaw 12
  - Amateurism for Current Student-Athletes
- Bylaw 13
  - What Student-Athletes Need to Know About Recruiting
- Bylaw 14
  - Continuing Eligibility and Transferring
- Bylaw 15
  - Financial Aid
- Bylaw 16
  - Awards and Benefits for Student-Athletes, Family, and Friends
- Bylaw 17
  - Playing and Practice Seasons
But first....

- Add two numbers in your cell phone. If we call, it’s important.
  - 317-278-4281
  - 317-278-4110

- Follow us on Twitter. Don’t worry, we only follow you back if we’re looking into an NCAA violation.
  - @IUPUICompliance

- Download the Jump Forward App.
Now put your phones away.

Take your eligibility seriously.
Basics of the 5 Year Clock

- Students have 5 years after initially enrolling to play 4 years.
- Participation *in any amount* results in burning a season of competition.
- **Redshirts** - A year in which a student does not participate *at all*. This decision is made by the head coach, not the student.
- **Medical Hardship Waivers** - Applied for to “regain” a year of competition after a student competes *limitedly* and *early* in the season, but later became so seriously injured or ill that he or she was *incapacitated* the remainder of the season.
The Nitty Gritty of the “5 Year Clock”

- The “5 year clock” can be paused in limited circumstances:
  - Military service
  - Required religious missions
  - Peace Corps

- A 6th Year may be granted if a student loses the opportunity to participate in 2+ seasons of competition. Examples include:
  - Suffers two season-ending injuries (medical hardships)
  - Transfer requiring a year in residence, when paired with extraordinary circumstances

- Exceptions to “burning a year”
  - Soccer and Volleyball: Competition, while academically eligible, during the spring segment.
  - Preseason exhibitions/scrimmages during the freshman year
  - Alumni game and fundraising activities
Outside Competition

... or, another way to “burn a year”

- **Outside competition** - organized participation in any competition outside of IUPUI. If time or score is kept, uniforms are worn, officials are present, the event is publicized, or rosters are kept, it’s organized competition.
  - Fill out the Outside Competition form using Jump Forward.
  - Participation in an unapproved outside competition may cause you to lose a year of eligibility.
- Freshmen declared non-qualifiers may not participate in outside competition.
- Don’t participate during the academic year or miss class.
- Don’t sign an agreement to play unless compliance reviews it first.
Outside Competition Expenses

- Student-athletes MAY receive “actual and necessary” expenses for outside competition from an outside sponsor, like a neighbor or local business, UNLESS the donor is:
  - An IUPUI booster
  - An athletics agent
  - Professional sports organization

Check with compliance before accepting expenses.
“Actual and Necessary”
... did some lawyer make that up?

- **Actual expenses** - expenses that came out of your pocket.
- **Necessary expenses** - aren’t extravagant or optional, but truly necessary for participation.

Examples of “actual and necessary expenses” include:
- Entry fees
- Uniforms and equipment
- Basic travel expenses
- Facility usage fees
- Medical treatment and physical therapy

Does NOT typically include costs for parents/guardians
You MAY receive prizes in outside competition, provided:

- **Cash Prizes:**
  - The payment does not exceed what it cost for you to participate.
  - Do not include costs of your parents, coach, etc.
  - The payment comes directly from the event management.

- **Awards:**
  - The value of your award(s) (trophy, medal, etc.) is less than $400, and comes directly from the event management.

Even if NCAA rules allow you to take a prize, remember to consider the amateurism rules in your sport. This is especially important in golf.

**Current student-athletes are not eligible to win prizes at IUPUI Athletic Events.**
Participating “Unattached”

- Unattached participants must clearly define their participation as independent of a team, including IUPUI.

- Unattached participants cannot:
  - Register for the event with a team.
  - Wear IUPUI uniforms, apparel, or shoes provided by athletics. All apparel and equipment should be your own.
  - Accept expenses from a team, including IUPUI.
    - Includes: travel, meals, coaching, athletic training, and any other expense.
  - Score points for any team, including IUPUI.
PROTECTING YOUR ELIGIBILITY
...when one day, you want to “go pro”
PRO TRYOUTS AND COMBINES

- Check with compliance before finalizing plans.
- Never miss class.
- You may receive actual and necessary expenses for one tryout per team, up to 48 hours upon arrival at the tryout location. Depart within 48 hours or you must pay return trip expenses.
- Do NOT compete, even in a casual scrimmage. This may result in immediate ineligibility.
- Basketball Only: Actual and necessary travel, room, and board expenses are okay for the entire draft combine.
Training/Practicing with Pro Teams

- Check with compliance before finalizing plans.
- Don’t accept compensation or expenses
- Don’t miss class
- Don’t enter into an agreement with the team
- Do NOT compete. Even if it’s a casual scrimmage. This may result in immediate ineligibility.
- Your coach cannot be involved in arranging or directing your participation.
Agents

- They don’t always call themselves agents. (Advisors, brand managers, attorneys, recruiting advisors...)

- **Agent**: Any individual who represents (or attempts to represent) you for the purpose of marketing your athletics ability or reputation OR seeks to obtain any type of financial gain or benefit from your potential earnings as a pro athlete.
  - Also includes someone paid contingent on you earning an athletics scholarship.

- It’s **OKAY** to talk to agents.
  - Make sure they’re registered with IUPUI and the State of Indiana first.
  - It’s also best to involve your head coach and the Professional Sports Counseling Panel.
Agents

- Do not agree out loud, or in writing, to have the agent represent you. Now or in the future.
- Do not accept benefits from an agent or anyone associated with him or her. Do not allow your family or friends to accept benefits, either.
- Attorneys become agents if they represent you in any way or communicate on your behalf.
- You must pay any attorney his or her legal fees. You cannot receive free legal services.
Can I Get a Job?

- NCAA rules do not prohibit student-athletes from working. Simply fill out an Employment form using Jump Forward.

**YOUR JOB MUST...**
- Pay you only for work actually performed
- At the going rate for similar work in that area
- Cannot be based on any value based on your reputation or athletic skill
- Keep your name, picture, and athletics reputation out of any ads or promotions

- You can start your own company, but you cannot use your name, picture, appearance, or athletics reputation to promote the business.
Can I Teach Lessons In My Sport?

- Yes. Fill out a “Student-Athlete Providing Lessons” form using Jump Forward.

- You can be paid for teaching lessons IF:
  - You do not use IUPUI facilities.
  - You do more than “go out and play” with the student.
  - You’re paid by the student or the student’s family.
  - You do not use your name, picture, or appearance to advertise the lessons.
  - You fill out a form for each recipient.
What About Working Camps?

General Rules
- Student-athletes must perform general supervisory duties. You can’t just be a demonstrator or speaker.
- You cannot run your own camp or a merchandise/concession at a camp.
- You have to be paid based on your camp experience, not your athletic skill.

IUPUI Camps
- No employment form necessary. Your coaching staff will take care of it for you.

Non-IUPUI Camps
- Complete the regular Employment Form using Jump Forward.
Promotional Activities

- **Promotional Activities**: Doing something to promote an organization, school, or charity.

  **Examples:**
  - Handing out schedule cards to promote your team.
  - Appearing at a fraternity philanthropy event to help raise money.
  - Allowing your name or picture to be used to promote an organization.

- Permissible, but paperwork has to be approved in advance.
  - You can’t miss class.
  - The activity supports a true charity, educational institution, or nonprofit. You cannot help support a for-profit company.
  - You can receive approved expenses from the organization.
To Wrap Up Bylaw 12…

- The NCAA Eligibility Center must declare you an amateur in your sport before competing and within the first 45 days of practice. *After that, it’s on you.*

- **Easiest Ways to Forever Lose Your Status as an Amateur…**
  - Compete on a pro team.
  - Enter your sport’s draft.
  - Enter into an agreement (oral or written) with an agent.
  - Sign a commitment to play professional sports.
  - Be paid (or accept a promise of pay) to participate in your sport or based on your athletic skill or reputation.
Sports Wagering

- **Sports wagering** - giving up something for the possibility of gaining something of value, when that risk involves a sport sponsored by the NCAA.
  - Betting on your own institution results in permanent ineligibility.
  - Providing information to others (for gambling) is a significant violation.
  - Even “friendly” bets on the golf course or at practice are violations.
  - Includes online betting.
- Sports wagering is strictly prohibited by the NCAA and can result in prison time.

Still don’t think it’s a big deal? Let’s hear from the only **real mafia leader** that left the mob and lived to talk about it.
Drug Testing

- The NCAA conducts **year round** drug testing on every Division I student-athlete. You are required to sign an [NCAA](#) and [IUPUI](#) drug testing consent form every year.

- **You are responsible for knowing what substances are banned, and for what you put in your body.**

- Notify Athletic Training of all prescriptions and supplements.
  - Bring copies of prescriptions to Athletic Training.
  - Fill out the Dietary Supplement Disclosure and Review [form](#)

- Tobacco is prohibited during any athletic activity or meeting.

- Performance enhancing drugs may also carry [legal](#) penalties.
Drug Testing

- **NCAA Penalties**
  - Most drugs: A full calendar year of ineligibility. Students may not “redshirt” during this penalty.
    - A positive marijuana results in a “half” penalty (50% of the season).
  - Second positive tests result in permanent ineligibility for most drugs. A second positive marijuana test results in a full calendar year ineligibility.

- **IUPUI Penalties**
  - First: Education, counseling, community service, and continued testing
  - Second: Loss of scholarship, education, counseling, and community service
  - Third: Permanent loss of eligibility at IUPUI

- **Other Drug Testing Programs**
  - Students who have tested positive in another sports governing body’s drug testing program are not eligible for NCAA competition until their suspension is over.
Recruiting Rules for Student-Athletes
Social Media Guidelines

- Do not publicize a prospective student-athlete’s visit to campus, even if you are good friends with the recruit.
  - Example:
    - Retweeting the recruit’s Tweet about how excited he is to visit campus.
    - Putting a video taken during the recruit’s video on Snapchat
    - Posting pictures of the recruit’s visit on Instagram
    - Commenting how excited you are to host the prospect on Facebook.

- Do not comment about a recruit on social media.
  - Example:
    - Posting a Facebook status about how much better the team would be if the recruit signed with IUPUI.
    - Retweeting, liking, or commenting on a recruiting service article about a recruit’s status with IUPUI.
Recruiting Rules for Student-Athletes

- Is it okay to communicate with recruits?
  - Yes, as long as it’s not at the direction of a coach or staff member. This includes translating.
  - A coach can’t ask you to contact a recruit, or hand the phone to you when he’s on the phone with a recruit.

- Can they stay with me when they visit?
  - Yes, as long as there is no charge by your dorm or apartment.
  - Coaches cannot ask you to have off-campus contact (even at your apartment) with an UNofficial visitor (when a recruit comes to campus on his own, with no expenses paid).

- Is it true I get paid to host a recruit on an official visit?
  - Sort of. You have up to $40 per day to entertain the PSA. You cannot buy them anything, and all entertainment must be appropriate. (No bars, alcohol, gentlemen’s clubs, etc.) Never give the host money to the recruit. All activities must be within 30 miles of campus, so stay inside I465. Only current students, faculty, and staff should have contact with recruits, even on a visit.
ACADEMIC ELIGIBILITY
... the bare bones

**Bylaw 14.01.2**: “to be eligible to represent an institution in intercollegiate athletics... a student-athlete shall be enrolled in at least a minimum **full-time** program of studies, be in **good academic standing**, and maintain progress towards a baccalaureate... **degree**.”
ACADEMIC ELIGIBILITY
Progress Towards Degree

- Be enrolled full-time, unless you are graduating that semester.
- Every student-athlete must pass:
  - 6 hours each fall and spring
  - 18 hours each academic year (fall and spring combined)
- Freshmen must enter their 2nd year with 24 credits.
  - Includes remedial credit (up to 6 hours), AP or IB credit, dual enrollment, and summer credit.
- Maintain a GPA high enough to graduate.
Before entering your junior year, you must be accepted into a major.

Percentage of Degree Requirements are based on a 5 year graduation plan.

- Rising juniors need 40% of their degree completed.
- Rising seniors need 60% of their degree completed.
- Rising 5th year seniors need 80% of their degree completed.
ACADEMIC ELIGIBILITY
Special Circumstances

- What if I change my major?
- What if I double major?
- What if I am “just short” of my degree progress?
- Do minors count?
- What if I’m in graduate school?
What if I change my major?
- IUPUI must certify your eligibility based on the degree you are in now.
- Changing majors can seriously affect your academic eligibility, so talk to your academic advisor before changing majors.

What if I double major?
- IUPUI can certify off of either major.

What if I am “just short” of my degree progress?
- You are academically ineligible. It is possible that IUPUI could file a “progress towards degree” waiver on your behalf, but we must be able to document a plan for you to graduate within 5 years. In most cases, filing waivers requires a “mitigating circumstance” like a course not being offered during a particular semester.

Do minors count?
- Not unless the minor is required by your major degree program. Work with your academic advisor to ensure you are taking enough classes in your major each semester.

What if I’m in graduate school?
- That’s great! You need to pass 6 hours per semester and maintain full-time, degree seeking enrollment in your program. Usually, this requires a 3.0 GPA.
Examples of Cheating

- Telling a professor you were sick, or travelling with the team, when you weren’t.
- Giving test questions to a friend in a different section.
- Pretending you’re someone else to take an exam. Or, letting someone pretend to be you.
- Turning in an assignment if it isn’t 100% your own.
- Using an online translation service in a foreign language class.
- Storing formulas in your calculator, unless the professor says it’s okay.
- Failing to cite someone else’s original thought, even if you changed the words around.

ASK YOUR PROFESSOR FOR CLARIFICATION!
If you have the question, someone else does too.
Advice on Academic Misconduct

**Do’s**

- Ask questions of your professor. Is it okay to collaborate? If so, how much? Are online assignments considered group work? Open book? Open note?
- Let your professor know when you will miss class. Be proactive about missed assignments.
- Understand that you must be held to the same academic standards as any other student.
- Remember to properly cite any thought that isn’t your own—even if it’s not a direct quote.

**Don’ts**

- Assume one professor’s class is just like another’s. Some professors require group work, while others consider it cheating.
- Put yourself in a situation where it looks like you were cheating.
- Forget that professors have access to programs that identify plagiarism and track IP addresses.
- Think cheating is okay or normal.
ACADEMIC ELIGIBILITY
Transfer Issues

- Coaches from other schools need written permission from compliance to talk to you about transferring.
- Student-athletes cannot “transfer away” from eligibility issues.
- Division I rules require student-athletes to:
  - Leave their previous institutions eligible and in good standing.
  - Transfer at least 12 credit hours per semester of attendance.
  - Meet percentage towards degree at the new school.
  - Leave their previous institutions in good disciplinary standing.
ACADEMIC ELIGIBILITY
Transfer Issues

The General Rule:
All transfers must sit out one full academic year. The Summit League adds an additional year for intra-League transfers.
Transfer legislation was drafted after years of research into the academic outcomes of transfers. Transferring delays graduation, but the effect is particularly evident for student-athletes. The negative effect of transferring is especially concerning in revenue generating sports.
ACADEMIC ELIGIBILITY
Transfer Issues

Exceptions:

- One-time transfer: in sports other than basketball, schools can “release” first-time transfers for immediate eligibility. IUPUI policy requires a 2.6+ GPA to use this exception.

- Graduate students. If a graduate student has never transferred before, and the previous institution cancels his/her scholarship, he or she is eligible immediately with the permission of the first institution.

- Discontinued Sport or Academic Program

Waivers for immediate eligibility for extraordinary circumstances (illness, financial hardship, etc.) are no longer available to undergraduate transfers in Division I.
Financial Aid

- Student-athletes may receive up to “cost of attendance” in financial aid.
  - Cost of attendance is calculated by every school using federal guidelines.
  - Financial Aid includes ANY element listed below - not just cash/checks.

At IUPUI, cost of attendance (COA) is determined for each student individually and includes:

- Tuition: Based on your exact schedule
- Fees: Based on the fees charged to you specifically
- Room: Based upon the room you select (or choice to live off-campus)
- Board: Includes the meal plan you select, if any
- Books and Supplies: Can be adjusted in some cases
- Transportation: Can be adjusted in some cases
- Personal Expenses: Can be adjusted in some cases

- Each sport also has a limit of how many scholarships it may provide under NCAA rules.
Financial Aid
Outside Scholarships

- Student-athletes may receive financial aid from:
  - **Individuals on whom you are naturally or legally dependent**
    - Parents/guardians
  - **Established, continuing scholarship programs, or**
    - That does not restrict your choice of institution.
    - Is not connected to IU or IUPUI.
    - Is not an outside sports team or organization for which you competed.
  - **Awards solely on bases having no relationship to athletics**
    - Do not list athletics participation on application, even as leadership experience.
### Examples of Cost of Attendance

#### Resident Student

- **Total On-Campus:** $22,387
- **Total Off-Campus:** $23,629

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<td>Transportation</td>
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<td>$2,134</td>
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<tr>
<td>Personal</td>
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#### Out-of-State Student

- **Total On-Campus:** $43,937.00
- **Total Off-Campus:** $45,179.00

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</tr>
<tr>
<td>Personal</td>
<td>$2,096.00</td>
<td></td>
</tr>
</tbody>
</table>
Common Sources of Financial Aid

Fill out Outside Scholarship Form
- Financial aid from an IUPUI department other than Athletics or Admissions
  - Book loan program
  - Scholarship from your major school or student group
- Scholarship from an organization outside of IUPUI
- Financial aid from a government outside the United States
- Gifts or Awards for Athletics Accomplishments

No Additional Form Needed
- Athletics Scholarship
- Pell Grant
- 21st Century
- Admissions based aid
- Loans

When in doubt, fill out the form.
Common Sources of Financial Aid

- **Athletics Scholarships**
  - Will not be cancelled for an athletics reason (injury, illness, etc.)
  - Can be cancelled for disciplinary reasons, academic ineligibility, voluntary withdrawal, etc.
  - Appeal process for scholarship reductions are heard outside of Athletics

- **Federal and State Government Programs**
- **Loans (Public and Private)**
- **Non-Athletic Scholarships from IUPUI**
- **Scholarships from Outside Organizations**
- **Student-Athlete Assistance Fund**

Scholarships Office Website: http://scholarships.iupui.edu/
Benefits of Being A Student-Athlete

- Sports Nutritionist
- Sports Psychologist
- Access to NIFS and other training facilities
- Equipment and apparel
- Medical expenses
- Meals Incidental to Participation (“unlimited” meals)
- Leadership Opportunities (SAAC, conferences, etc.)
- Academic Resources
- Complimentary Admissions
Benefits of Being A Student-Athlete

Legitimate Academic Support
- Help selecting classes
- Help selecting a major
- Tutoring Services
- Dedicated Study Rooms
- Basic proofreading
- Learning study skills
- Learning how to properly cite sources

Impermissible Forms of Academic Support
- Typing services
- Editing papers
- Taking a quiz or test for you, or providing answers
- Encouraging a professor to give you a better grade
“Extra” Benefits
The Fast Track to Ineligibility

- **Preferential Treatment**: Special treatment, benefits, or services because of your athletic skill, reputation, or “pay-back potential” as a professional athlete.
  - Example: Student-athletes receive free or discounted tattoos from a local tattoo parlor. (Link)

- **Extra Benefits**: A special arrangement by an institution to provide a student-athlete (or his/her family or friends) with a benefit not expressly authorized by NCAA legislation, unless it’s generally available to everyone or to a particular segment of the population unrelated to athletics.
  - Examples:
    - A housing employee allowed student-athletes to break their lease, outside of normal procedures.
    - A coach allowed student-athletes to borrow his car.
Extra Benefits

- Extra benefit legislation applies to “special treatment,” not just tangible benefits.
- IUPUI must treat you exactly like any other student, except for accommodating athletics participation.

  - **Permissible Examples:**
    - Allowing student-athletes to make up a test missed for home or away competition.
    - Expediting a student conduct hearing so IUPUI can decide to allow you to compete.
    - The dining hall opens early for a team meal before home competition.

  - **Impermissible Examples:**
    - Parking services letting a student-athlete park in an EM spot.
    - A professor accusing you of cheating does not follow published academic misconduct procedures.
    - A professor gives you extra credit just because you are a student-athlete.
    - Delaying student conduct procedures until the end of the season.
Complimentary Admissions

- Students participating in ticketed sports will receive special training.
- **ALL SPORTS** have access to complimentary admission in their sport.
  - Regular season: 4 tickets
  - Post season: 6 tickets
- Recipients of complimentary admissions must have photo identification.
- Student-athletes may not sell their complimentary admission. No one can give you anything of value for these tickets.
- Tickets are to be used by your family and friends. If someone is on your ticket list, it is assumed you have a personal relationship with that individual.
- You can share tickets with your teammates, but not your coaches or managers.
- All guests must present a photo ID.
Awards

- Most student-athletes receive an award, or many awards, during their time at IUPUI. These are permissible, provided certain rules are followed.
- All awards have value limits, and limitations on who can provide the award.
- If an award is not coming directly from IUPUI, the Summit League, the NCAA, or an event IUPUI is participating in, check with compliance.

**DO NOT SELL YOUR AWARDS!**

**PROFITING OFF YOUR AWARDS IS AN NCAA VIOLATION!**
Awards

- **Annual Participation Awards from IUPUI**
  - Awards must be uniform for all team members receiving the award.
  - Annual participation awards can be different for seniors and underclassmen.

- **Special Recognition Awards**
  - Special awards, like All-Tournament Team or a place finish, are permissible, provided all awards within the category are the same.
  - Institutional awards are permissible once per category, per year. Examples are team MVP, Senior of the Year awards, and special academic achievement awards.
  - It’s permissible for you to receive an award from your hometown, provided an IUPUI booster organization isn’t providing the award. The value of the award must be less than $80.
  - Regional and national honor awards, like All-American, are also permissible.

- **Championship Awards**
  - Only those eligible to participate can receive the awards. Student-athletes do not have to actually participate, but they must be eligible to do so.
  - You may receive separate awards from the NCAA, the League, and the institution.
Housing, Meals, and Entertainment

- Student-athletes are subject to the same housing policies as other students.
- Meals and snacks, incidental to participation, may be provided by the institution.
- “Occasional” and other celebratory meals, if approved.
- Student-athletes required to stay on campus during a vacation may remain in student housing (or move in early) and receive a per diem check to cover meals. Student-athletes living with parents are not eligible for per diem.
- Your family may be provided meals and snacks for occasional educational meetings and celebratory events.
- IUPUI may provide you with reasonable entertainment in conjunction with practice or competition. For example, teams may go to the movies on an away trip or play paintball during preseason camp. This is not okay year-round.
- IUPUI may provide you with nutritional supplements (energy bars, electrolyte drinks, etc.) if no ingredient is a banned substance and no more than 30% of calories come from protein.
Examples of Impermissible Benefits

- Transportation around Indianapolis or campus
- Use of a car
- Discounts based on your status as a student-athlete
- Free or discounted use of a training facility not provided by IUPUI
- Access into a club because someone recognizes you as a student-athlete
- Lower interest rates on car loan because you’re an athlete
- Gifts or cash

Stop and think… if someone is treating you specially because you’re a student-athlete, it’s likely an NCAA violation.
I’m in a tough situation. Who should I turn to?

- Your head coach, sport administrator, athletic director, or compliance staff.
- There may be options available to help you within the rules. For example…
  - A student-athlete’s car is broken into. All his textbooks are stolen, and finals are coming up. He can’t afford new books.
  - A student-athlete’s grandparent passes away, and she cannot afford the flight home for the funeral.
  - A student-athlete’s luggage is damaged during an away trip.
  - A student-athlete’s home is vandalized during an away from home trip.

Don’t accept loans or temporary assistance without checking first!
WHO IS ON MY TEAM?
The Role of Sport Specific Staff

COACHING STAFF

- HEAD COACH
- ASSISTANT COACH

Responsible for providing sport related instruction to student-athletes and conducting athletically related activity. The NCAA strictly limits the number of coaches in each sport.

SUPPORT STAFF

- MANAGERS
- DIRECTOR OF OPERATIONS
- ACADEMIC SUPPORT STAFF and TUTORS
- OTHER ADMINISTRATORS

Support student-athletes, but cannot provide sport instruction or participate in athletic activity.
WHO IS ON MY TEAM?
The Role of Sport Specific Staff

- **MANAGERS**
  - Can assist with drills and warmups, but not provide instruction.
  - Cannot participate in practice, other than assisting with drills.
  - Must perform typical “managerial” duties like hydration and equipment.

- **DIRECTOR OF OPERATIONS**
  - May attend, but not participate in, athletic activity.
  - Must perform administrative duties, like scheduling and attendance.
  - Cannot provide sport-related instruction to student-athletes.

- **ACADEMIC SUPPORT STAFF and OTHER ADMINISTRATORS**
  - May not provide sport-related instruction to student-athletes.
  - May attend, but not participate in athletic activities.
WHO IS ON MY TEAM?
The Role of Sport Specific Staff

- **Strength and Conditioning**
  - May conduct warm ups, cool downs, and strength and conditioning sessions.
  - May provide sport specific instruction related to strength, injury prevention, and conditioning.
  - May not provide technical or tactical instruction related to the sport.

- **Athletic Training**
  - Has the unchallengeable authority to withhold a student-athlete or cancel an activity for health or safety reasons.
  - May not provide technical or tactical instruction related to the sport.

**STAFF CANNOT HOLD “DUAL” ROLES.**
ATHLETICALLY RELATED ACTIVITY
How long is my season?

- Each August, head coaches designate parts of the year as “in-season” and parts of the year as “out of season.”
- Team sports are “in-season” at least 132 days per year, per sport.
- Individual sports are “in-season” 144 days per year, per sport.
- All sports are in-season at some point during both semesters.
- Seasons are extended for NCAA championship participation.
- School holidays are not counted, provided no required athletic activity occurs.
ATHLETICALLY RELATED ACTIVITY

In-Season

- 20 hours per week
  - May be exceeded during school holidays that last at least a week (e.g. spring break)
- Up to 4 hours per day
  - Golf practice rounds may exceed 4 hours, provided the 20 hour limit is met.
  - Does not apply to school holidays.
- 1 day off per week
  - Does not apply during school holidays that last at least a week (e.g. spring break)
- Competition counts as three hours
  - Practice rounds at golf competition sites also count as 3 hours.

Out of Season

- Up to 8 hours per week, including up to 2 hours of skill instruction
- Up to 4 hours per day
- 2 days off per week
- Only skill instruction, weight lifting, and conditioning activities are permissible.
- No required activity during school holidays
- No required activity from one week prior to finals through the end of finals.
ATHLETICALLY RELATED ACTIVITY

- Do not miss class for practice, weights, or conditioning. Ever.

- No athletic activity between midnight and 5 a.m.
  - Does not apply to competition.
  - "Midnight madness" type practices are an exception.

- Travel days can count as a day off.
  - No sport related activity can occur (i.e. film review on the bus)
  - Cancelled competition can also count as a day off.

- Practice after competition is prohibited.
  - Does not apply during a multi-day tournament, between events, or during a doubleheader.
ATHLETICALLY RELATED ACTIVITY
What Counts?

Countable

- Practice
- Skill instruction
- Competition
- Required weight training and conditioning
- Individual workouts, if required.
- “Captains” practices, if required or at the direction of a coach
- “Walk through” practices
- Any other athletic activity supervised* or held at the direction of a coach
- Film review

Noncountable

- Administrative meetings
- Study tables and tutoring
- Athletic training treatment and rehab
- Team meals
- Medical treatment and exams
- Recruiting activities
- Fundraising activities
- Promotional Activities

* Some sports have a safety exception. In those sports, coaches may supervise the activity and provide safety related instruction only.
ATHLETICALLY RELATED ACTIVITY
What’s the Difference?

Practice
- Practice uses sport specific equipment, simulates competition, discusses strategy, or sets up offensive/defensive schemes.
- Occurs only during the in-season.
- May be conducted in public.

Skill Instruction
- Typically held out of season.
- Typically does not involve sport equipment.
- Does not simulate competition activity, but instead focuses on specific skills.
- May not be publicized or conducted in public view.
- Before Sept. 15 and after April 15, only 4 student-athletes can participate at one time.
ATHLETICALLY RELATED ACTIVITY During the Academic Year

Voluntary
- Solely initiated by each participating student-athlete
- Attendance is not reported to a coach
  - Non-coaching staff, such as athletic training, may be present.
  - Strength and conditioning may supervise, but not direct, voluntary activity.
- No reward or punishment for participation
- Coaches do not observe the activity*

*Mandatory
- Observed by a coach*
- Information about the activity is reported back to a coaching staff member
- A coach asks a senior or a captain to call a practice
- Rewards for participation are offered
- Student-athletes are punished for not participating.

*other than sports with safety exceptions
ATHLETICALLY RELATED ACTIVITY
During the Summer

Team Sports
- Same rules as the academic year.
- You may request meetings with your coaching staff.
  - No film review or talking Xs and Os.
  - No use of sport specific equipment.
  - No on-court or field activity.
- Coaches and/or strength and conditioning will send suggested workouts to you.
- Coaches may tell you what time facilities are available to you.
- You may borrow film to watch on your own.

Individual Sports
- You may request skill instruction or individual workouts with your coaching staff.
  - Make each request in writing (via email)
  - Participation is fully up to you.
  - Coaches cannot incentivize voluntary workouts.
- Coaches and/or strength and conditioning will send suggested workouts to you.
- Coaches may tell you what time facilities are available to you.
- You may borrow film to watch on your own.
ATHLETICALLY RELATED ACTIVITY
This sure feels like a full time job…

- Studies show that Division I student-athletes believe they spend 40-50 hours per week on their sport.
- Studies also show that student-athletes spend about 18 mandatory hours per week during the in-season. This discrepancy is due to non-countable time, like time in the athletic training room.
- Coaches submit logs of weekly activity to the compliance office via Jump Forward. Student-athletes are assigned to review the logs and alert us to potential problems.
What Should I Expect If There’s a Problem with My Eligibility?

- Bylaw 10.1 requires everyone involved to be 100% honest and open with anyone investigating a potential NCAA violation.
- It is important to keep all information confidential, if asked to do so.
- People you may meet with include:
  - Compliance staff
  - Athletic Director
  - Dr. Robin Hughes, Faculty Athletics Representative
  - Dr. Jeff Dean, Chief of Staff to the Chancellor
  - Joe Scodro, General Counsel
  - Matt Boyer, Assistant Commissioner of the Summit League
  - NCAA Enforcement Staff
What Should I Expect If There’s a Problem with My Eligibility?

- Anyone involved in IUPUI Athletics must report suspected violations to Compliance.
- Anonymous reporting is also available: https://secure.ethicspoint.com/domain/media/en/gui/17361/index.html
- Sometimes, reported violations are easily identified as minor. In these cases, compliance will investigate and report as necessary.
- If a violation may be more serious or intentional, Compliance will convene the Investigations Committee. The Committee will conduct a thorough investigation, involving the Summit League and NCAA as necessary.
- Student-athletes involved in an investigation of possible NCAA rules violations may seek the advice of an attorney at any time.
- IUPUI may declare a student-athlete ineligible during the investigation process.
What Should I Expect If There’s a Problem with My Eligibility?

- If the institution, Summit League, or NCAA concludes that an eligibility impacting violation occurs, IUPUI may file a “Student-Athlete Reinstatement” (SAR) waiver.

- An SAR waiver is necessary when a student-athlete is ineligible and needs to regain eligibility.

- You will be asked to sign a waiver allowing the NCAA to review your case, and also to provide a letter giving “your side of the story.”

- Penalties most often include:
  - Sitting out part of the season
  - Donations to a charity of your choice
Questions?